

Exploring the Interplay Between Religious Music, Emotions, and Ethics in Cultures Worldwide

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ABSTRACT

There is no doubt that music significantly impacts people in their daily lives, emotionally and spiritually. This study explores the impact of religious music on people's well-being, emotions, and ethical values. The paper provides evidence supporting the positive effects of religious music on mental well-being, reducing psychological distress, and enhancing life satisfaction. The literature review showed that within musical and religious activities, individuals have positive associations between certain aspects of musical and religious experiences and specific domains of happiness, such as sociability, satisfaction with life, and well-being that were not seen in correlation with happiness to membership of religion. It also analyzes the role of music in reinforcing morals and ethical standards within religious worship by influencing pro-social behavior and ethical decision-making. Listeners are attracted to the immersive world of religious music in reaction to the songs' symbolic suggestions, which forces them to reflect on moral quandaries and solidify their ethical views. Religious music serves as a tool to encourage a more robust emotional engagement, resulting in a more loyal following for religious groups. Case studies on Bapedi music and Gregorian chants are also reviewed and further support how religious music strengthens spiritual connections, fosters shared values, and contributes to cultural identity within religious communities. In conclusion, religious music profoundly influences an individual's quality of life, emotions, and moral convictions and, therefore, has an enduring effect on shaping a religious experience for people.

Introduction

A few fundamental concepts serve as compass points for exploring the relationships between music, ritual, and religion, providing insight into the complex interplay between sociocultural processes and the human condition.

Fundamental concepts such as *Communitas* and *Ineffable* are crucial exploration points in understanding the intricate relationships among music, ritual, and religion. Within the sociological context, *Communitas* refers to the strong sense of equality, solidarity, and community emerging during shared rituals or rites of passage, transcending individual differences and hierarchical structures. In contrast, the *ineffable* characterizes transcendental or abstract experiences, posing articulation challenges (Morley, 2009).

Examining musical phenomena includes the concepts of timbre, consonance, dissonance, and multicollinearity. Timbre, defined as the unique quality of sound distinguishing different musical instruments or voices, plays a crucial role in musical expression. Consonance represents stable and harmonious sound combinations, while dissonance signifies unstable and discordant combinations that create tension, influencing the perceived pleasantness of music (Whittemore, 2019). Additionally, multicollinearity, a statistical phenomenon involving highly correlated predictor variables in a multiple regression model, contributes to a nuanced understanding of musical elements (Bradshaw et al., 2014).

Initial research reveals that religious music significantly impacts life quality, emotional reactions, and ethical ideals within religious settings. This study aims to reveal how religious music shapes and expresses

religious experiences through its connections to rituals, rites, and beliefs. Utilizing an interdisciplinary approach, the exploration encompasses the influence of music on emotions, moral consciousness, and overall well-being in diverse cultural contexts. The cross-cultural analysis of religious music aims to pinpoint similarities and contrasts in its usage, providing insights into its cultural relevance (Morley, 2009).

In the realm of religious activities, music extends beyond mere accompaniment, manifesting in shaping the voice of deities, influencing believers' sense of closeness to the divine, and enhancing the ritual experience (Morley, 2009). Moreover, music serves as an ornamentation of religious practices, evoking emotions, enhancing worship aesthetics, and fostering a sense of community cohesion. Emotional engagement is heightened as music elicits feelings of reverence, awe, or spiritual ecstasy, forging powerful personal connections to the divine. Music transcends linguistic limitations, conveying complex emotions and spiritual yearning beyond the constraints of words while symbolically representing aspects of the divine realm. Music enhances the spiritual experience through its immersive nature, intensifying devotees' perception of the divine presence and facilitating profound connections within religious contexts.

Religious Music on Quality of Life

Quality of life is the overall well-being of a population at a particular point in time, and the relationship between religious and musical experiences strongly influences it. Happiness-wise and sociably, the partnership is excellent. A study collected data on the mental health status of older adults in the United States who are religious and revealed significant increases in psychological well-being. The data also reveals how religious music has impacted mental health, specifically concerning psychological distress, death anxiety, life satisfaction, self-esteem, and self-control. One type of religious music that has demonstrated the capacity to foster emotions of tranquility, peace, and spirituality is Gregorian chanting. (Bradshaw et al., 2014). This emphasizes how crucial religious music is for improving mental and emotional health. The integration of mental, physical, and spiritual components of welfare is also strongly emphasized in studies supporting a holistic approach to health; in this way, research on religious music and complementary and alternative medicine complement each other effectively. As a result, religious music can effectively promote kindness and well-being, two traits that improve people's quality of life in various countries.

The psychological effects of experiences with religion and music highlight the intricate relationships between these interrelated fields. Aside from its intimate qualities, music frequently elicits strong, joyful emotional responses in communal contexts and serves as a typical trigger for spiritual encounters. A study was conducted on sixty experienced worshippers who listen to religious or secular music and were asked about their relationship with God. The study further reveals elements specific to each of the following: social aspects, psychological characteristics, religious meanings, and mysticism in religious experiences. (Walter and Altorf, 2022). Furthermore, the study points to a connection between worship, music, and having divine encounters. Believers' ability to worship to the music of their choice enriches the worship experience and promotes a profound religious experience marked by a sense of God's presence. While religious and musical experiences are similar, a study suggests that greater perceived intensities, especially in terms of satisfaction and sociability, are associated with more regular and varied musical activities. (Hills and Argyle, 1997). Though there is not always a direct relationship between religious and musical experiences, the two experiences do show positive associations with certain pleasure categories. This emphasizes the complex ways in which these encounters affect people's mental health. Furthermore, a study has shown a correlation between religious music listening and higher levels of life satisfaction, control, and self-worth as well as lower levels of fear of death. (Bradshaw et al., 2014). These findings emphasize the significant psychological benefits of listening to religious music in a religious context.

Speaking with people from various backgrounds makes it clear how much religious music has influenced their lives. Members of musical organizations and churches reported increased intensities of experience

for common objects related to both activities, per a study that looked at these individuals. Three respondents—all with strong religious and musical backgrounds as well as different upbringings—discussed how holy music changed them, brought forth very positive feelings, and heightened their sense of spirituality and well-being via hymns and prayers. (Joseph, 2015). The three interviewees all shared deep connections to God through musical experiences and exhibited signs of happiness. People were perceived as being linked and bonded by their shared experience of music, which transcended divisions despite their many cultural and linguistic backgrounds. This impact emphasizes religious music's importance on religious experiences and overall happiness.

Music, whether it is played in a therapeutic or religious setting, enhances people's sociability and general well-being. Engaging in active group music-making decreases sadness caused by social isolation and promotes emotions of satisfaction in therapeutic environments by fostering positive interpersonal interactions. Engaging patients with peers and therapists also improves their mood and promotes mental and physical development. Patients' general health improves when they are able to use music's creative diversion—a freedom of expression—from their disease. Additionally, by eliciting physiological changes and elevating mood, active participation enhances the therapeutic effects and ultimately leads to improved general functioning. On the other hand, passive music has the ability to significantly reduce stress, anxiety, and pain, which enhances medical treatments and reduces hospital stays. In a similar vein, religious music fosters sociability and well-being by shared experiences, creating a sense of cohesion and inclusion among attendees. Religious music's comforting and upbeat themes offer emotional support to help individuals cope with life's challenges. Furthermore, transcendence and emotional reflection are made easier by the spiritual resonance of religious music, which also encourages personal growth and spiritual elevation. When faced with tragedy, sadness, or illness, religious music can offer people courage and comfort. It provides peace and quiet as well. Attending religious music events improves overall well-being, sociability, and social bonds while also encouraging a sense of support and solidarity among participants.

Emotional Responses Elicited by Religious Music

Religious settings and music have a unique power to arouse strong emotions in people. Tears and shivering are two of these emotions that stand out as different sensations with their own psychophysiological characteristics. (Mori and Iwanaga, 2017). Extremely emotional experiences, especially ones including music, might cause chills. This phenomenon, which has been thoroughly investigated, is linked to increased levels of pleasure and psychophysiological arousal. Increased electrodermal activity and sympathetic nervous system activation frequently accompany these physical complaints. On the other hand, when excited, tears exhibit a delightful cathartic effect and are a physically soothing reaction. (Mori and Iwanaga, 2017). Because of the intricate relationship between music, emotion, and the human psyche in religious situations, tears and shivers are potent markers of the emotional impact of religious music.

In Melbourne, Australia, 18 participants were surveyed under different environments in order to identify the use of frontal asymmetry (FA) to identify brain responses to emotionally charged and pleasurable music. The activity in FA when listening to pleasurable music had a significantly larger shift impact than that of the dissonant and unpleasant music. (Arjmand et al., 2017). This behavior shows that enjoyable music causes a more significant change in FA compared to control or unpleasant music stimuli. Furthermore, it seems that some aspects of music, such as instrument, pitch, loudness, and motif, influence FA activity. (Arjmand et al., 2017). The study can get important insights into the ways that various aspects of music affect brain activity and emotional processing by using FA analysis, which illuminates the complex relationship between music and the brain's reaction to emotional stimuli. (Arjmand et al., 2017). Another study was conducted that focused on the temporal lobes of the brain pertaining to religious experiences. The sixty participants of the study were given tasks in order to induce religious experiences onto the participants. Through the EEG behavior of the participants, it was clearly observed that listening to religious music during worship sessions is one method that the

right temporal lobe activation is significantly linked to the religious experience. (Walt and Koenig, 2023). Higher frequency activation in the right temporal lobe was positively correlated with religious experience. This suggests that the processing or reaction to religious experiences and music may involve the temporal lobe. (Walt and Koenig, 2023).

961 students from the University of North Carolina have been surveyed and examined upon the effects of several musical elements on physiological markers of emotion and have identified those qualities as being critical in evoking emotional responses, specifically within crying. (Cotter et al., 2018). Some structural components and peaks, especially in classical music, elicit particular emotional and physiological responses. These peaks usually come after the exposition and end, though not as a resolve, inside the tonic. Another study involving 83 British adults out of 500 participants presented each participant with three different types of music and to rate the frequency of physical responses from the music. The study has indicated that there is a connection between the psycho-physiological impacts and the structure of music, which can elicit strong emotional reactions like tears and happiness. (Sloboda, 1991). For example, emotional responses have been connected to melodic appoggiaturas, and shivers can be caused by alterations in harmony. These changes in musical structure are associated with acceleration and syncopation, which make the music more emotionally impactful by resonating with the audience's heartbeat.

Recent studies have focused on the complex interaction that exists between particular musical forms and lyrical elements that create emotional peaks. For example, a study that investigated the effects of dopaminergic manipulation on music thoroughly analyzed how lyrical and acoustic elements combine to produce the most profound emotional reactions in music (Mas-Herrero et al., 2021). They discovered that various factors, including personal characteristics like musical anhedonia and the activation of specific brain circuits, impact listeners' reactions to literary and musical stimuli. Additionally, acoustic features such as convoluted anticipation-resolution progress can evoke emotions like chills and tears. The analysis of multiple genres of music may help reveal standard and different features that decode emotional chills and tears. Specific acoustic and lyrical features associated with tear responses were also identified in the research. (Mori, 2022). The complex relationship between musical patterns that evoke strong emotional responses and literary statements is shown through the understanding of different emotional peaks observed within certain acoustic features and music genres. These studies provide insight into the complex relationships that exist between lyrical content, acoustic characteristics, and particular cognitive and affective processes—processes that are in charge of the strong emotional impact that music has on people.

Examining the brain processes behind goosebumps brought on by music reveals an amazing web of intertwined physiological and emotional reactions. The degree of these musical chills can vary greatly, ranging from mild shivers to more strong physical reactions. (Goldstein, 2013). People frequently experience simultaneous emotional reactions, such as tightness in the throat or heavy breathing, in addition to these physical sensations. A study surveyed members of the Addiction Research Foundation and students from Stanford to understand the sensation that music can have on the physical body. (Goldstein, 2013). The study implies that these chills could be associated with the endorphin system, indicating that there may be a neurological basis behind this fascinating occurrence, particularly in relation to music-induced thrills. Examining the cerebral roots of these emotions, has given crucial insight into the therapeutic advantages of music as a mood stabilizer and overall well-being enhancer. This study reveals the significant effects that music has on human emotions and opens up new possibilities for the therapeutic use of music to treat emotional dysregulation and psychological disorders. (Goldstein, 2013).

Influence of Music on Moral and Ethical Values

There are many different and intricate parts to religious experiences, such as sensory, extrasensory, cognitive, affective, and dream-related components. (Hills and Argyle). Due to individual differences in the definition and

interpretation of religious experiences, cross-cultural study, and conceptual consistency are difficult. Because religious experiences cannot be adequately, or even similarly, articulated in sensory language, they are inherently complicated. (Hills and Argyle). The encounter's subject is convinced that it is a genuine, intimate comprehension of a religiously significant outside reality. They're sometimes called "ineffable," which only means that there aren't enough words to describe them adequately. (Hills and Argyle). Furthermore, there are many different content types seen in religious experiences. These include encounters with monotheistic beliefs, enlightenment experiences connected to other religions like Buddhism and Jainism, encounters with the natural world, and encounters with the idea of karma-reduction associated with Hinduism. It is difficult to distill religious experiences into a single, general explanation since they are so varied.

Examining morality and ethical behavior through environmental cues is a rapidly developing field of study in contemporary psychology. Scholars have been delving deeper into the ways in which a variety of contextual factors, such as implicit social standards, subconscious ethical cues, and even the atmosphere of physical locations, can have a significant impact on people's moral judgments. This transdisciplinary research collects data from 254 college students in order to go beyond the confines of conventional moral psychology paradigms to clarify the complex links between environmental cues and ethical reasoning. (Lang et al., 2016). Developing empathy, compassion, and selflessness towards fellow members of the community is fundamental to numerous religious systems. All forms of religion are a range of ideas, emotions, and actions resulting from the pursuit of holy objectives and group participation in religious rites and ceremonies. Because religious contexts are immersive and full of symbolic clues, rituals, and community gatherings, they are ideal for analyzing moral growth and ethical behavior. It is true that a person's religious upbringing has a big impact on how they develop their moral sense and ethical consciousness. By examining the complex relationships between religious beliefs, environmental cues, and moral behavior, the current study seeks to clarify the complex relationship between spirituality, social context, and ethical decision-making. (Lang et al., 2016). The understanding of moral behavior in individuals from diverse religious and cultural backgrounds will be furthered by this.

Music is a dynamic medium that is used to articulate and reinforce moral and ethical notions. (Walter and Altorfer, 2022). It is a profound depiction of an individual's own values and perspective. Music has a crucial role in religious worship, blending in perfectly with rites and exercises to elicit deep spiritual experiences. (Walter and Altorfer, 2022). Worshippers frequently learn that the non-musical and musical aspects of their faith, which hold significant personal value for them, are equally important for their spiritual growth. People often have transcendent experiences during solemn musical worship, characterized by strong emotional reactions and tangible supernatural interactions. This tendency is especially noticeable in evangelical Christian settings, where spiritual music possesses a special power to strengthen believers' core beliefs. (Walter and Altorfer, 2022). Notably, the process of song selection has no effect on the effectiveness of the worship session; this implies that spiritual experiences are subjective and go beyond the details of music selection. In addition, music offers a forum for reflection, the expression of fundamental convictions, and the exploration and expression of spiritual identities. Religious song lyrics and melodies, rich in symbolism and tradition, can evoke strong emotions and promote a sense of community among believers. (Walter and Altorfer, 2022). Essentially, music is presented as an adaptable instrument that people use to traverse their moral terrain, find comfort in common convictions, and establish intimate relationships with God and each other in the hallowed realm of worship.

Religious songs have a profound effect on ethical concerns because they employ complex musical components to evoke moral reflections and in-depth spiritual contemplation. (Walter and Altorfer, 2022). Through the intricate interplay of melodies, harmonies, and rhythms, religious music metaphorically represents elements of the divine or spiritual worlds, giving the auditory experience layers of symbolic importance. Engaging with these musical works transports practitioners to realms where the sacred and the mundane meet, strengthening their sense of divine connection. (Walter and Altorfer, 2022). Beyond just providing auditory stimulation, these symbolic representations can evoke strong emotions and promote introspection in listeners.

Listeners are attracted into the immersive world of religious music in reaction to the songs' symbolic suggestions, which forces them to reflect on moral quandaries and solidify their moral views. (Walter and Altorfer, 2022). Religious music acts as a catalyst for ethical thought and spiritual growth, supporting believers on a path toward greater understanding and ethical living, whether through stirring melodies that create sentiments of reverence or harmonies that resonate with themes of compassion and justice.

Despite ongoing scholarly debates surrounding the nature of the relationship between religion and prosociality, an examination of religiosity, prosocial behavior, and belief in a higher being reveals a complex interplay among these concepts, providing insight into the subtle ways in which religiosity may foster prosocial conduct. (Batara, 2016). Music plays a significant role in how religiosity influences prosocial behavior; it often serves to reinforce beliefs in a higher power and promote acts of altruism. By fostering in listeners a sense of moral responsibility and accountability, music has proven to enhance and encourage prosocial behavior. This is particularly evident when elements of moral obligation and divine supervision are present in the music. (Batara, 2016). Religious beliefs and auditory cues have a significant psychological influence on people's moral reasoning and ethical decision-making processes, in addition to promoting prosocial conduct. Some fascinating findings have come from comparing the effects of auditory religious cues on dishonesty. (Nichols et al., 2020). These studies suggest that religious music, particularly instrumental works, has the power to influence people's ethical beliefs and behaviors by acting as a powerful reminder of the normative standards ingrained in religious teaching. This demonstrates the varied roles that music plays in helping people build their moral compass and ethical standards by highlighting connections between particular moral cues and religious beliefs. This highlights the significance of music as a potent teaching instrument for moral and spiritual guidance in religious civilizations.

Case Studies: Impact of Religious Music on Specific Groups

Bapedi Music within Bapedi Religion

Bapedi society is connected through rich spirituality and cultural practices. The Bapedi people place great importance on integrating music and religion, creating a communal experience firmly ingrained in the community. (Lebaka, 2020). The Bapedi Religion plays a pivotal role in Bapedi society, guiding individuals through rites, rituals, and spiritual moments. Bapedi music, deeply rooted in the cultural and spiritual traditions of the Bapedi people, evokes a range of emotional responses among listeners. Bapedi music frequently evokes emotions of passion and dedication similar to those felt during religious ceremonies. The lively rhythms and appealing melodies of traditional Bapedi music usually evoke in listeners sentiments of joy, harmony, and unity. Serene music at religious occasions evokes feelings of reverence, reflection, and respect in the same manner that it expresses the seriousness of spiritual rites and practices. Bapedi music's sincere chants and harmonies can make listeners feel proud of themselves, nostalgic, and a part of the community. Furthermore, the Bapedi faith's ceremonial and ritualistic elements have the power to evoke sentiments of awe, mysticism, and a strong sense of community. (Lebaka, 2019).

The Bapedi community's cultural ideas and emotions are largely shaped and sustained by the music that penetrates the community. In Bapedi culture, religion, and music have a mutually beneficial relationship that shapes cultural representations and belief systems. Bapedi music reinforces the lessons learned via religious rites by acting as a medium for moral precepts, spiritual relationships, and religious teachings. (Lebaka, 2019). Bapedi music is an effective tool for emotional community building, reiterating shared values, and enhancing cultural identification through religious activities involving music and group song-making. (Lebaka, 2020). Furthermore, the sacred rhythms of religious ceremonies are mirrored in the lyrical themes and rhythmic patterns of music, heightening the spiritual resonance among attendees. Bapedi music's melodies and lyrics frequently relate tales of historical occurrences, moral lessons learned, and societal experiences that have an effect

on listeners' feelings and perspectives. (Lebaka, 2019). Through the use of music, a community can strengthen its shared religious values and sense of cultural identity, as well as deepen its spiritual experiences. (Lebaka, 2020).

The relationship between music and religion in the Bapedi culture emphasizes how important it is to evoke strong emotions in order to promote social cohesiveness and spiritual peace. Deeper connections and a sense of belonging are fostered by emotional reactions, which serve as a medium for shared experiences and cultural identity expressions. (Lebaka, 2020). Emotional responses to music bridge the earthly realm and the divine, allowing individuals to express their devotion, reverence, and spiritual connectedness through shared musical experiences. Through the integration of religious instruction with expressive music, the Bapedi community fortifies its cultural standards, validates its common religion, and develops its spiritual bonds—all of which foster societal harmony, respect, and understanding. Through an awareness of the emotional states that Bapedi music elicits and the significance of these reactions, community members can effectively utilize music's transformative ability to promote harmony, protect cultural heritage, and fortify social ties among Bapedi individuals.

Gregorian Chants within the Catholic Church

The Catholic Church has a deep-rooted tradition of liturgical worship, where music plays a significant role in enhancing the spiritual experience of believers. Catholics believe that one's relationship with God can be expressed and strengthened by music. In the liturgical rituals of Catholic devotion, God. Gregorian chant, the traditional music of the Roman Catholic Church, plays a significant role in the liturgical practices of Catholic worship. The solemnity, reverence, and spirituality of Gregorian chant align closely with the sacred rituals and beliefs of the Catholic faith. (Adolphe). The Catholic Church places a high importance on music since it can uplift the soul and promote concord among believers in addition to being a form of enjoyment.

Emotional responses to Gregorian chant are considered an essential component of worship and spiritual reflection in the setting of the Catholic Church. The tranquility and serenity evoked by the chant resonate with the Catholic emphasis on prayer, meditation, and communion with the divine. (Adolphe). This emotional response aligns with the Catholic Church's emphasis on creating a sacred space for prayer and contemplation, where individuals can experience a deep sense of peace and connection in the presence of God. During liturgical services, Gregorian chant evokes emotions that are consistent with the Catholic practice of using music to seek spiritual comfort, peace, and a closer relationship with God. The sense of awe, reverence, and introspection inspired by the chant reflects the profound emotions experienced by Catholics in their devotional practices and rituals. According to the Catholic tradition, these emotions are a reflection of Catholics' reverence and amazement at the presence of God during the liturgy. (Adolphe).

Gregorian chant significantly impacts Catholic worshippers' emotional and spiritual journeys. The music's ancient origins and association with Catholic liturgy imbue it with a sacred aura that enhances its impact on listeners. The Catholic understanding of music as a medium for heavenly encounters and spiritual transcendence is consistent with the potential of Gregorian chant to elicit a deep emotional response of serenity, transcendence, and reverence. (Adolphe). The modal harmonies and monophonic texture of Gregorian chant encourage introspection and meditation. The strength of the chant in the Catholic context lies in its ability to induce a state of focused meditation and introspective contemplation in worshippers. The pure and meditative nature of the chant is perfectly matched to Catholic prayer practices that emphasize humility, contemplation, and developing inner peace. (Porterfield, 2014). In order to enhance worship and fortify Catholics' spiritual lives, the Catholic Church places great emphasis on the importance of evoking powerful emotions through music, especially Gregorian chant. A hallowed atmosphere created by Gregorian chant encourages feelings of calm, reverence, and introspection—all of which foster a deeper level of spiritual engagement and personal growth. The ability of music to evoke powerful emotional reactions in worshippers deepens their emotional bond

with the liturgy and helps the religious community as a whole and each person's own spiritual journey grow stronger. The Catholic tradition prioritizes the emotional impact of Gregorian chant because it helps Catholics grow spiritually and deepen their commitment by facilitating an intimate experience with God through the prayer of music.

Conclusion

In conclusion, this study has examined the intricate interrelations among music, ritual, and religion, elucidating fundamental concepts like *Communitas* and *Ineffable* to reveal their impact on the human condition. Despite the inherent challenge of articulating indescribable religious experiences, the observed promotion of equality and solidarity through *communitas*, as evidenced in shared rituals, transcends individual distinctions. Furthermore, an analysis of musical elements such as timbre, dissonance, consonance, and multicollinearity has uncovered nuanced details influencing musical expression.

The functional utility of religious music within religious settings extends beyond its conventional role as background ambiance. It serves to embody the voices of deities, fortify social bonds, and enhance ceremonial practices. Its immersive nature encourages emotional engagement, expanding followers' comprehension of the spiritual realm and fostering enduring connections with the divine. The cross-cultural relevance of religious music reveals its strong efficacy in shaping diverse cultural experiences. Religious music significantly impacts quality of life, emotional responses, and ethical and moral values. The study substantiates that listening to religious music significantly contributes to mental well-being, elevating factors such as reducing psychological distress and enhancing life satisfaction and self-worth.

Moreover, religious music plays a pivotal role in facilitating spiritual meditation and moral contemplation, essential for cultivating ethical ideals. The symbolic representation of divine aspects through the intricate interplay of melodies, harmonies, and rhythms in faith-based music inspires moral reflection and spiritual growth. Case studies, such as the Bapedi music in the Bapedi society and the Gregorian chants of the Catholic Church, illustrate how religious music strengthens spiritual connections and shared values within religious and cultural communities. The conclusive findings emphasize the profound influence of religious music on individuals' quality of life, emotions, and moral convictions. Therefore, future research endeavors should systematically explore the diverse relationships between ethics, emotion, and life influence across a spectrum of religious and cultural contexts. Acknowledging the enduring significance of religious music and its substantial impact on shaping the human experience is imperative.

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